

HOW TO MAKE

ICE CREAM

IN A BAG



SUPPLIES

(makes one serving)

1/2 cup half and half 1 tbsp sugar 1/4 tsp vanilla extract

2 quart-sized zip top bags
1 gallon-sized zip top bag
1/2 cup rock salt
6 cups ice
gloves and kitchen towel
sprinkles or other toppings (optional)

DIRECTIONS

- 1. Add half and half, sugar, and vanilla extract into one of the quart-sized bags, squeezing out as much extra air as possible.
- 2. Place that bag into the second quart-sized bag to ensure the ice cream does not leak.
- 3. Add five cups of ice to the gallon bag along with the doubled-up quart-sized bags and the 1/2 cup of salt.
- 4. It's time to shake! (This mixture gets very cold! Make sure you have a towel and some gloves.) Shake the mixture for 5-10 minutes and it should begin to solidify. If the ice melts too quickly add the extra cup of ice to the larger bag.
- 5. Once the ice cream has reached the desired consistency scoop it into serving bowls and garnish with your favorite toppings or eat as is! Enjoy!